# END OF THE YEAR REFLECTION

From 1-10, how do you feel overall about this past year?

What advice would you give yourself at the beginning of the year?

What were the three biggest lessons you learned this past year?
What is one way to incorporate these lessons into your life?

Review your planner for the past year and assess your priorities.
Are you happy with how you spent your time? If not, what steps can you take next year to adjust them?

# END OF THE YEAR REFLECTION

How are you different between this year and the last?

What or who are you especially grateful for this past year?

Name three things you can improve on next year.
What are concrete actions you can take to work towards these improvements?

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